

Numerology Report



Full Personality Profile
Plus
Two Year
Monthly Forecast

A Decoz® Numerology Chart Analysis

for

Elizabeth Banks

by

Kathaleen Bentkowski

Birth data:

Elizabeth Maresal Mitchell

February 10, 1974

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Short name: Elizabeth Banks
Birth date: February 10, 1974

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INTRODUCTION

About your Personal Reading

This reading was composed for you personally, Elizabeth, and is based on your full name at birth, your date of birth, and the name you now use to introduce yourself. Please check your birth data on the title page to make sure the names and date of birth used are correct.

If you have two or more middle names or last names, you may find the names strung together. This is necessary to make Transit and Essence cycles function correctly. For example, the name John Patrick Henry Hancock would appear on the title page as John PatrickHenry Hancock.

Elizabeth, your Personal Numerology Reading describes all aspects of your chart as they are understood in numerology, accurately and in-depth.

Each chapter starts with a short introduction telling you where this particular number is found and how it affects you. This is followed by the number itself. Often, you will find a double digit number followed by a single digit.

The meaning of your number is then explained in easy to read language. Elizabeth, you don't need to know anything about numerology to be able to enjoy and benefit from this reading.

I hope you will enjoy your reading.

LIFE PATH

If ever there was a moment of total transformation, it was the moment of your birth. In that instant, you stepped through a door in time into a new reality -- the reality of human life. The most important number in your numerology chart is based on the date of your birth, the moment when the curtain goes up in your life.

Even at that moment, you were a person with your own unique character, as unique as your DNA. Everything that is you existed in potential, much like a play that is about to begin. Your entire life exists as a potential that has been prepared for. Elizabeth, you have ultimate freedom to do with your life as you like: To fulfill its potential completely, or to make some smaller version of yourself. It all depends upon your effort and commitment. You make the decisions to fulfill, to whatever extent, the potential life that exists within you. That is your choice. In this sense, the possible you is implicit during the moment of your birth.

The Life Path number gives us a broad outline of the opportunities, challenges, and lessons we will encounter in this lifetime. Your Life path is the road you are traveling. It reveals the opportunities and challenges you will face in life. Your Life Path number is the single most important information available in your Personality Chart!

Your Life Path is 6

Elizabeth, you possess great compassion and seek to be of service to others. You have concern for the weak and the downtrodden. You are a healer and a helper to others. You are capable of giving comfort to those in need and will frequently offer a shoulder for

others to cry on.

Your task in life is to develop the tools necessary to be truly helpful to others, rather than to simply be a sympathetic ear. You must find the balance between help and interference. In the same way, you must learn the delicate art of the counselor who knows when to leave the struggle to others and when to avoid taking away the necessary experiences and lessons of life.

You are naturally balanced. Therefore, you are well equipped to support and ground others in times of trial.

It is in your nature to take on responsibility -- you often fill the void left by others -- and do not turn away from personal sacrifice. At times, you may feel overburdened by the travails of others. However, the love others bestow upon you is your well deserved reward.

Elizabeth, you try to maintain harmony within the family or group, balancing and fusing divergent forces. You seek marriage and are often a wonderful parent, offering warmth, protection, and understanding to children.

You are generous, kind, and attractive. You are often admired even adored which baffles you. You are humble and yet you carry a deep pride. You move well and gracefully, but will have to work to stay in shape. Seek out physical exercise and limit the sweets and dairy you crave to keep yourself from becoming plump and round.

When young, you must be careful not to choose partners for the wrong reasons. Do not let sentimentality influence your decision, especially those involving the choice of a spouse. You need to be needed, but must learn to discriminate between those you can help and others who are made weaker by your care.

After all, it is in your nature to be attracted to the weaker brothers and sisters among us.

The temptation, and the danger for you, is to think of yourself as the savior of the world, carrying the burdens of others on your shoulders.

Elizabeth, you are blessed with musical talent, as well as in the visual and performing arts. However, your creativity may well be suppressed due to your willingness to sacrifice, or your inability to fully appreciate your talents. This is not to say that you cannot excel in these areas; on the contrary, you have the talent, and with effort you can make a success in a number of artistic fields.

You also have enormous talent in business. You are blessed with a great deal of charm and charisma, which you use effectively to attract the people and support you need.

BIRTHDAY

The day you were born bears great significance in understanding who you are and where your talents lie. The day of birth indicates some special talent you possess. It is a gift to you that will help you along your Life's Path. Your day of birth is one of your four core numbers -- the Life Path, Expression, and Heart's Desire being the other three. It is the least significant of the four core numbers, but perhaps the most finite, in that it reveals a specific ability you possess in a marked degree.

Your Birthday is 10

Elizabeth, you are highly ambitious and yearn for independence. You possess leadership abilities, and a strong drive for success. Your test in life is to live according to your dream -- that is, to have the courage and the stamina to overcome obstacles and win

the independence you so deeply want.

You possess a sharp mind and fine analytical skills. You have excellent managerial skills. You plan well and can organize people to carry out your plan.

You are often frustrated by routine activities. You can become dull and even depressed if you are bound too tightly to the smaller details of life.

In order to rescue yourself from such a fate, it will be necessary to take prudent risks. Elizabeth, you must learn to assert yourself. You are a pioneer at heart. You must live up to such a charge.

You can be stubborn and rigid when it comes to ideas that you feel strongly about. Yet, you are a loyal and devoted friend and can be demonstrative of your affections.

Conversely, you are highly competitive and can suffer from jealousy when it comes to the success of others, especially colleagues or friends.

By using the determination and creativity you possess, you can achieve much success.

EXPRESSION

Your Expression number reveals your physical and mental constitution, the orientation or goal of your life. Some numerologists refer to this number as the Destiny, because it represents a lifelong target at which you are aiming. You work at fulfilling this potential every day of your life. Thus, the Expression number reveals your inner goal, the person you aim to be.

The Expression number reveals the talents, abilities, and shortcomings that were with you when you entered your human body. Your name, and the numbers derived from it, reveals your development, as well as the talents and issues you will be working with during this life.

For those for whom reincarnation is an accepted philosophy, the vibration of your full name can be seen as the totality of your personal evolution, the experiences, talents, and wisdom accumulated over many life times. Every experience, no matter how great or small, along this evolutionary path has influenced your development, and brought you to your current state of being.

The Expression is your being; the Life Path is the major lesson you are attempting to learn this time around. Time allows the gradual emergence of your personality. By reading the Expression number below, you will come to understand your basic nature and the abilities and issues inherent in your being.

Your Expression is 14/5

Elizabeth, you are a free spirit. You love change, adventure, and excitement. You love your freedom. Like a bird that needs its wings to live, you cannot exist without it. Freedom is the nucleus around which your life revolves. You need it for your very survival. By using freedom properly, you are able to explore and develop all of your varied talents. You will meet many types of people and travel great distances. Freedom is the atmosphere necessary for you to bring forth your many talents.

You are capable of doing almost anything, and probably quite well. Only by avoiding the imprisonment of illusory security are you able to bring forth your abilities.

Elizabeth, you are unusually adaptable. In fact, change is a blessing for you. In the same way, you need challenge and variety. You hate the routine of life; being stuck is a catastrophe for you. You become miserable when you are held back or held down.

The taste and texture and color of life have an overpowering allure for you. From childhood, you dream of seeing foreign lands, experiencing the sensual and the exotic. You want to try everything at least once in life. All of life is a playground for your senses.

But this can get you into trouble. You may fail to respect your natural limits, either biologically or socially. Any sort of boundary is anathema to you, which can blind you to your natural limits, and may cause you to overindulge your desire for food, sweets, alcohol, sex, and drugs.

Elizabeth, you are gifted in your ability to communicate. Your facility with words is almost limitless. You can be a salesman, politician, lawyer, public relations person, and minister. You also possess the talent to share and advance new ideas. You are talented with your hands. You love the new and untried. Your field is the frontier. You are a bit of a gambler, and often play for very high stakes. All of this combines to give you a youthful enthusiasm, which others find infectious and attractive.

You like to work with others, but need to perform your task un-encumbered by the restraints of others.

Elizabeth, you are a clever and a quick thinker, but your thought processes -- like your life in general -- can be unorganized and scattered. You must stay grounded and focused if you want to be successful.

You fall in and out of love frequently, especially early in life. You are naturally sensual and commonly have a strong sex drive. These characteristics usually make for a lively and exciting love life, but you must guard against shallow feelings and relationships. Your challenge is to develop mature and lasting relationships.

Self-discipline and setting healthy limits is the key to your success in virtually every area of your life. Ironically, you will find that as you learn to set appropriate limits on yourself, you will develop more self-mastery and realize even greater freedom.

This is especially true when it comes to finishing what you start. Your tendency is to give up once you've got a project or job under control; you grow bored quickly. You start to fantasize about a new challenge, or the rewards of your great accomplishment, long before the work is finished.

The 5 Expression desires the whole world. You are aware that you have many talents that can bring much success. But that success depends on your willingness to choose certain areas to concentrate on, and to bring them to perfection.

MINOR EXPRESSION

The Minor Expression number is based on the current (or short) name; the name you now use to introduce yourself including your last name.

The influence of the short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers (and their related characteristics) that are missing or out of balance in the full name.

For instance, a number missing in the full name may show up prominently in the short name; or a number (or numbers) that appears in excess in the full name can be compensated for in the short name. If a name change takes place later in life through marriage or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or talents that may be latent.

Your Minor Expression is 18/9

The influence of this number makes you more concerned with the well-being of others. Elizabeth, your Minor Expression number increases your sensitivity to the needs of society. You feel an urge to serve humanity in a more direct way.

The number 9 helps you to better communicate and understand all types of people.

You are more aware of your artistic talent and the need to express yourself. Your name opens you up to a larger view of life. It attunes you to political movements, philosophical theories, and spiritual practices. You are more sensitive to the larger patterns of humanity.

HEART'S DESIRE

Your Heart's Desire is the inner you. It shows your underlying urge, your true motivation. It reveals the general intention behind many of your actions. Consequently, it dramatically influences the choices you make in life. The Heart's desire is seen as part of the larger picture, called the core numbers, which includes the Life Path, Expression, Day you were born, and Personality. But each points to a different aspect of you.

The Expression number reveals your talents and abilities, and your general direction in life. The Life Path is the central lesson you came into the world to learn. The Day you were born is very closely connected to your Life Path. It reveals specific talents you possess, which will be helpful to you in dealing with your Life Path. The Personality reveals how people tend to see you. It also demonstrates what characteristics you are projecting to the world. The Heart's Desire demonstrates the identity of the soul that joined the earth -- you, the spiritual being.

Your Heart's Desire is 14/5

Freedom is essential for your happiness. Elizabeth, you love change, new experiences, meeting new people, adventure and travel. You love the exotic, far away places. Variety is more than mere spice of life -- you thrive on it. You are extremely flexible and adaptable. You have more curiosity than the proverbial cat. You have a sharp mind and a natural ability with words. You are a born communicator, clear, fluent, and imaginative in every area that interests you -- which are many!

Your Heart's Desire makes you very well equipped for life. Change -- the only constant in life -- doesn't threaten you, as it does other people. You are highly resourceful. Generally, you can think clearly in a crisis; you have good mental and physical reflexes. Whenever you fall, you tend to land on your feet.

Elizabeth, you are highly enthusiastic. You get excited easily over a new idea or opportunity. Your nature is unconventional. You are a bit of a gambler, taking risks whenever you think the rewards are worth it.

You are very socially oriented and rarely, if ever, dull or boring. You are, of course, drawn to those people who, like yourself, are original thinkers and have exciting personalities.

Elizabeth, you enjoy being involved in several projects at the same time. You need continual stimulation by the new and fascinating. You tend to discard boring pastimes quickly.

Your love of freedom and change can have numerous consequences. You can be irresponsible, especially when it comes to finishing tasks. You have a hard time persevering at a given project and bringing it to completion.

You must be careful that your love of sensory pleasure doesn't lead you to excessive indulgence in alcohol, food, sex, and even drugs.

Elizabeth, you are a bit of a hero and want to save the world. This causes you to make promises you often cannot keep. Down deep, you long to please everyone, an impossible goal.

Many 5s can be emotionally superficial. They feel love passionately, but fear making deep and lasting commitments. As a result, they resist the depths of emotional attachments and remain on the surface where it is safe.

You will experience many changes and unusual events, but you learn best through experience. Therefore, your life will be full and you will make great strides in personal growth.

MINOR HEART'S DESIRE

The Minor Heart's Desire number is derived from the vowels of your current name; the name you now use to introduce yourself. The current name is a refinement of the more complex qualities of your longer name (the full name at birth). It sharpens and bundles the energies that are reflected by your full name. It intensifies certain aspects of your being, and de-emphasizes others. For this reason, the short name often provides insight into what you truly want in life. It also often reveals the extent of your understanding of what you want from this life. It reveals both your strong desires, and the limits you place upon your potential.

Your feelings about your current name are different from your full name. It affects how you feel about yourself; it changes your identity slightly.

Your Minor Heart's Desire is 3

Elizabeth, your shortened name adds enthusiasm, creativity, and liveliness to your personality. You have a greater facility with words and a deeper appreciation for the arts. Writing, singing, acting, and dancing all come easier, especially if you already have talent in any of these areas.

Your Minor Heart's Desire encourages you to be more social, more flexible, and fun-loving. It makes you less serious.

You are wittier and much more inspiring. The 3 provides you with uplifting energy which can motivate others.

PERSONALITY

Your Personality number is derived from the consonants of your full name at birth. Your Personality is like a narrow entrance hall to the great room that is your true nature. It is those aspects that you feel comfortable sharing with people at the outset of a relationship. With time and trust, you invite others into the deeper aspects of your nature; you reveal more of who you really are, in effect, your Heart's Desire, Expression, and so on.

Your Personality number often serves as a censoring device, both in terms of what you send out, as well as what you allow to approach. It discriminates in the kinds of people and information you let enter your heart and mind. For this reason, your Personality is usually much more narrow and protective in its definition than the real you. It can screen out some of what you do not want to deal with -- people or situations -- but it also

welcomes those things that immediately relate to your inner nature.

Your Personality number also indicates how others perceive you. No one can be objective about himself or herself. Even our closest friends and relatives have trouble describing how they see us.

Your Personality is 18/9

Elizabeth, you have an impressive and aristocratic bearing. No matter how tall you are, you appear noble and upright. You are very much in control of the image you send out to others.

Many actors, dancers, and other performers have a 9 Personality Number. You are elegant, graceful, and charismatic. Many admire you.

You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you.

You may encourage this to some extent by the amount of arrogance you radiate. This is a caution for all 9 Personalities -- they are sometimes aloof and hold themselves above the world.

Your challenge is to come down to earth with your fellow man.

Conversely, you have a great compassion for humanity and want to dedicate yourself to improving the lot of others. You are better when dealing with the trials of the many than the trouble of a single person. You are more capable of working on the grand scale, addressing the needs of society, than on a one-to-one basis.

Elizabeth, you are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing.

You tend to see yourself as a guardian of society, a benevolent leader, guiding and directing your community toward a better world.

MATURITY

Your Maturity number indicates an underlying wish or desire that gradually surfaces around age thirty to thirty-five. This underlying goal begins to emerge as you gain a better understanding of yourself. With self-knowledge comes a greater awareness of who you are, what your true goals in life are, and what direction you want to set for your life. This, in a nutshell, is the gift of maturity: You no longer waste time and energy on things that are not within your own special identity.

No matter what your age is at present, your life is being channeled in a specific direction, toward a very specific goal. That goal can be seen as a reward or the fulfillment of a promise that is implicit in your current efforts, often without your knowing it consciously. While the characteristics of this number are usually visible during childhood, we tend to lose sight of these aspects until later in life. But our lives are always being affected by this influence, nonetheless.

Your Maturity number begins to have a more profound impact on your life after the age of 35. The influence of the number increases steadily as you grow older.

Your Maturity is 11/2

As you mature, Elizabeth, you will discover that you possess a growing talent for understanding and working with other people. Your ability to influence others through tact and diplomacy will grow. These talents will further you along in your career or business. You will become increasingly shrewd, and will learn the art of discrimination. Your sensitivity to the needs and desires of others improves dramatically. You will be able to evaluate their motivations with a growing clarity and uncanny accuracy.

You find you can get more done by persuasion and gentle guidance than by force.

Elizabeth, you may well have to learn to assume the role as the power behind the throne. Your influence is less public, and you may not always receive the public recognition you deserve. However, your satisfaction comes from seeing the fruition of your own ideas come about, the result of teamwork and cooperative efforts.

If you already have many 2s in your chart, especially in the core numbers, you may become overly sensitive, a characteristic you will have to keep in check. If you have few 2s in your chart, the influence of your Maturity Number will greatly increase your ability to work harmoniously with other people.

L/E BRIDGE

The Bridge numbers in your chart are the numbers that indicate how you can make the relationship between the individual core numbers in your chart easier and more compatible. Bridge numbers have the potential to "close the gap" between the Life Path and Expression number, or the Heart's Desire and Personality number.

In this chapter we will explain what you can do to make your talents, strengths, and specific abilities (Expression number) more easily available and fitting the needs of your main lesson(s), and expected direction of growth (Life Path).

Your Life Path / Expression Bridge number is 1

Elizabeth, you should rely more on your own strengths and abilities. Be more decisive; don't beat around the bush and be straightforward when expressing your thoughts and feelings. You need to take charge more often. Get off the beaten path and find original ways of doing things. Do not try to be conventional, or try so hard to behave according to the expectations of others.

H/P BRIDGE

Several Bridge numbers can be found in your chart. The Bridge number between the Life Path number and the Expression number was described earlier in your reading. The following Bridge number relates to your Heart's Desire number and your Personality number. This Bridge number, the Heart's Desire - Personality bridge, explains how you can make your deeper self -- your needs and desires, your true nature -- more aligned with the part of your personality others tend to recognize when they meet you. With a little exaggeration, you could say that your Personality number is somewhat like your mask. It is the more superficial you; a protective shield and a camouflage of the deeper you. You can easily imagine how much more comfortable, and less self-conscious, the experience of life becomes when your deeper and more real you is closer and more fitting to the personality you reveal on a day to day basis.

Your Heart's Desire / Personality Bridge number is 4

Avoid procrastination. Try to be more reliable and punctual. Be practical, methodical, and systematic in your endeavors. Keep track of details; avoid chaos. Work on the basics of life. Physical and outdoor activities bring you closer to yourself, so get out in nature, work in the garden, or build a fence.

KARMIC LESSONS

Numerology is based on the understanding that we enter life with certain strengths and weaknesses. Karmic lessons are areas that we are currently weak in and must be faced and worked on in this life. There can be more than one Karmic Lesson. These are indicated by the absence of certain numbers in your name.

The letters and numbers of your name point to talents and abilities that you possess. These characteristics can be compared to a workshop in which certain tools are available to you. Missing numbers, those that are not represented in the letters in your name, imply tools that are unavailable, and must be learned and mastered during this lifetime.

You may well recognize your Karmic Lessons as weaknesses you have learned to overcome in the course of your life, however, the challenges implied in your Karmic Lessons will continue to come up occasionally for the rest of your life.

You have a Karmic Lesson 6

Elizabeth, you have a major issue with commitment and responsibility to others.

You have a hard time committing to marriage and other important personal relationships. You have to learn to show true emotion.

You may feel isolated and alone, but do not understand why. The reason is that very often you form relationships yet remain heavily guarded, putting up a show of emotion without truly communicating affection or care. This can make the bond between you and others superficial. You must learn to establish sincere relationships.

Elizabeth, you will learn the importance of close friends and lasting relationships. You will learn to give and, when necessary, sacrifice. This is the one true way to true friendship and lasting love.

The effects of this Karmic Lesson are diminished if you have at least one 6 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

You have a Karmic Lesson 7

Elizabeth, you need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self condemnation, in order to bring your abilities to their full development.

You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

HIDDEN PASSION

Your Hidden Passion reveals one or more special strengths and talents that you rely upon and are available to you. The Hidden Passion represents your specific field of expertise, or a concentrated talent.

Metaphorically, this talent can be seen as having a power all its own to shape your life. Its existence gives you a strong desire to develop and to express that particular ability. Having the talent demands that you express it, that you experience this part of you, and that you live according to its nature. In this way, the Hidden Passion shapes your personality, and guides your life.

Your Hidden Passion is 3

Elizabeth, you are highly social and have a gift for self-expression. You love to entertain and attend parties. You are exceedingly popular, and a good friend.

You are highly talented in one or more of the arts -- writing, acting, music, or painting.

You need excitement. When things are dull, you tend to fantasize and sometimes exaggerate.

You are very inspiring and motivating to others. You are blessed with a considerable amount of charm and charisma. You are highly optimistic, which can make you a bit of a rolling stone. You think that the grass is always going to be greener on the other side of the hill.

Elizabeth, you need discipline and focus to make the most of your talents. You can fall victim to scattering your energies. You have to guard against being selfish and indulging in too much sensory gratification.

PLANES OF EXPRESSION

Each of us experiences life on four different levels: with our physical body; our mental faculty; our emotional makeup; and our intuition. Each of these areas has a specific means of perceiving information. The physical body is capable of touch, taste, pleasure, and pain. It provides us with a sense of the physical world. The mental body, like the emotional and intuitive natures, perceives the invisible worlds. Our minds deal with the world of thought. The heart, of course, is preoccupied exclusively with the world of emotion. Our feelings teach us many things about ourselves and about others. Finally, we have the capacity for direct contact with the higher realms by way of intuition. Intuitive insight comes in a flash. It is not rational -- that is the world of the mental plane -- but comes as if it were placed at the doorstep of our minds. Intuition, therefore, bypasses all effort.

These four faculties exist in all of us. But each of us depends more on one or two of them for the bulk of our knowledge. Some of us are possessed by our senses, while others live almost exclusively in our hearts, or minds.

Numerology indicates how we as individuals function on each plane.

The letters of the alphabet are divided in four categories: physical, mental, emotional and intuitive.

The proportion of each category in your name gives a good indication of which Planes of Expression are strongest in you, and which ones are weaker.

These Planes of Expression can greatly help you to understand your talents and abilities.

PLANE OF EXPRESSION PHYSICAL

Your Plane of Expression Physical is 10/1

Elizabeth, you are active and inspiring; you are daring in business and other areas of life.

You have strong likes and dislikes and live according to your opinions.

You are charming and witty but get bored easily. You work hard and determined and are very goal-oriented. You thrive on the combination of enthusiasm and challenges, the lack of which makes you dull and disinterested. You are like a flare, burning brightly for a specific duration, but must move on to other projects in order to sustain your excitement.

PLANE OF EXPRESSION MENTAL

Your Plane of Expression Mental is 13/4

Elizabeth, you are a fine planner with a good eye for details. You are very conscientious and practical. However, you can get lost in the details of a project and lose sight of the larger picture.

You must learn tact and give others -- especially family members -- room to live according to their own standards. You can be somewhat domineering, especially when you are concerned about their general well-being.

PLANE OF EXPRESSION EMOTIONAL

Your Plane of Expression Emotional is 33/6

Elizabeth, you are highly emotional, yet you possess a rare degree of balance to which you can turn. You love family and close friends as few people are able. You worry too much and feel responsible for other people's actions.

You take justice and honesty with extreme seriousness; however, you may be too disciplined.

You have artistic talent. You like to help others more than most, and are willing to sacrifice your own needs. You have an ability for teaching and healing.

You need much love and can give the same in return. You are highly idealistic, and very committed once you decide upon your soul mate.

PLANE OF EXPRESSION INTUITIVE

Your Plane of Expression Intuitive is 3

Elizabeth, you are very original, imaginative and sometimes have fantastic ideas about spiritual matters. You are very artistic and inspiring. You have a talent with words, and may be drawn to the pulpit.

Your intuition is above average but you tend to color and exaggerate your insights.

BALANCE

People experience different internal responses to life's challenges. Some withdraw from difficult situations to think them through; others withdraw from their emotions, to try and keep themselves from feeling anything. Some explode with emotions, but allow the explosion to pass quickly. Others linger with their feelings, holding on to them well past the time they should have let them go.

Very often, these are conditioned or emotional responses that emerge without thought or analysis. Maturity and self-development help us to learn new and more effective methods of handling our world and the problems we confront. Your Balance number provides you with the guidance on how best to deal with difficult or threatening situations.

Your Balance is 4

Elizabeth, try to have perspective and a more lighthearted attitude toward emotionally-charged issues. Control your anger. Discipline is your strength.

Also, look at the larger picture and the need for compromise. Elizabeth, your sense of justice must be elevated to another level where such virtues as forgiveness, compassion, and deep understanding are the guiding lights. A practical approach to these ideals, Elizabeth, is to try to put yourself in the shoes of the person with whom you are in conflict. There are always more angles to a problem than you tend to acknowledge.

RATIONAL THOUGHT

Your Rational Thought number reveals what can probably best be described as the way you think. Are you a practical, methodical thinker, or a dreamer? Do you frequently allow your imagination to color your perception? Are you unconventional and original in the face of a practical problem, or do you stick to proven methods?

This is the kind of information revealed through your Rational Thought number.

Your Rational Thought is 53/8

Elizabeth, you are the visionary, and you focus on the larger picture. You ignore the details in favor of spectacular solutions. You love to blow someone's mind.

You understand the balance between the rational and the irrational, and you have no problem combining the two.

You have a vivid imagination and you are often surprised that others don't immediately grasp a concept that seems clear and logical to you.

You have little patience when others allow fear and caution to slow down a project.

CORNERSTONE

The first letter of your first name gives an additional indication to your character, particularly as to the manner in which you approach opportunities and obstacles. The first letter is called your Cornerstone.

Your Cornerstone is E

Elizabeth, you need plenty of freedom. You are physical and passionate and it is possible you will be married more than once. You like to be social and entertain. You are highly perceptive and not easily fooled. You are original and versatile. You are capable of looking at a situation from different perspectives.

SUBCONSCIOUS SELF

Your Subconscious Self reveals how you react to demanding situations. It indicates your ability to get the most out of your talents and opportunities, especially when you face new or challenging circumstances. The Subconscious Self also reveals the areas of our character that need to be strengthened.

Your Subconscious Self is 7

Elizabeth, you can appear indifferent to your surroundings and somewhat aloof. You are well-balanced and can survive many a stormy time. In time of trial, you withdraw within yourself finding solace and answers, in your creative and analytical mind. You may be a bit of a loner and do not easily share your feelings with others.

CHALLENGES

Each of us is born with both strengths and weaknesses. Numerology looks at life as if it were an educational process that is meant to bring out and enhance our talents, and turn our weaknesses into strengths. This serves to complete our being.

The job of becoming whole is one in which we must face our weaknesses and consciously work to improve ourselves. There are four Challenges to be faced during our lives. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

The Challenges on your life's path provide specific lessons that you must attend to, and, in order to inspire and help you, life will place you in situations that require the specific characteristics of your Challenge numbers.

The four Challenges you are required to overcome during the course of this lifetime will influence you during different periods of your life, except for the Third or Main Challenge, which lasts from birth until death. The Challenges are fluid periods of your life, not confined to specific years so much as general periods. All of your Challenges are present at birth, like actors standing in the wings.

THE FIRST CHALLENGE

The duration of the First Challenge usually lasts from birth until approximately the age of 30 to 35.

Your First Challenge is 1

You must learn to be independent. Elizabeth, you will be forced to stand up for yourself

and your rights. You will be faced with situations in which you will have to choose between standing up for what you think is right versus giving in to another person's demands. You will have to struggle to strengthen and know your own will power.

You will have to learn to be firm and trust your judgment. Don't run with the crowd, be an individual. This whole lesson represents the frontiers of your consciousness. Therefore, you will have to experience much trial and error, sometimes exploding with bursts of aggression, other times being intimidated and letting frustration and anger build within you until you are ready to act on your deepest instincts.

Elizabeth, you will learn your own set of values; you will develop into an individual with original and innovative ideas.

If you have 1s in your core numbers or in your Hidden Passion this challenge will not be as difficult to learn, or as strongly felt.

THE SECOND CHALLENGE

The Second Challenge usually lasts until the age of about 35 to 40.

Your Second Challenge is 2

Elizabeth, you are overly sensitive and too aware of other peoples' expectations. You suppress yourself to avoid feeling conspicuous. You can be overwhelmed by self-consciousness. You fear gossip about you. As a result, you become inhibited. All of this results in a suppression of your own individuality and uniqueness. You yearn to blend into the crowd.

You let your own feelings and emotions play too big a role. Your hypersensitivity causes fear, timidity and lack of self-confidence. And you experience unnecessary fear and emotional turmoil.

Little things seem disproportionately difficult to overcome and sometimes have a paralyzing effect. Jealousy can cause much pain and misunderstanding.

These negative aspects of the challenge actually spring in part from positive characteristics you possess, especially your acute awareness and intuition. You are an antenna for other people's feelings; you know before a word is spoken how they feel.

Elizabeth, you lack the inner strength to maintain your own center, and try to conform to the prevailing emotional atmosphere.

This challenge makes you understanding and compassionate; you have an enormous empathy for the inner turmoil of others and can do much good for people with emotional problems.

THIRD CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge, your life will come more and more under your own control. You will incorporate the positive aspects of the challenge into your character. This is its purpose in the first place. Therefore, there is implicit in the challenge a chance for great reward.

In short, this may be the secret to your success.

Your Third Challenge is 1

(This Challenge is the same as the First, as described above.)

THE FOURTH CHALLENGE

The Fourth Challenge is most strongly felt during the latter part of our lives, beginning at the age of approximately 45.

Your Fourth Challenge is 1

(This Challenge is the same as the First, as described above.)

PINNACLES

The Pinnacles are four long-term cycles, or periods, on our Life Path. Each Pinnacle represents a particular lesson we are working on. The first Pinnacle usually lasts from birth to between the ages of 30 and 35 (your specific Pinnacle periods are provided below). The middle two Pinnacles each last nine years. The last Pinnacle will stay with you for the remainder of your life.

The Pinnacles are very important. The transition from one Pinnacle to the next is always strongly felt. Your Pinnacles reveal the general conditions and events you will experience during the period. The Pinnacle describes the atmosphere, or the essential challenge you will be faced with.

You can prepare yourself for the times ahead by knowing your approaching Pinnacle number.

The transition from one Pinnacle to the next is usually prepared for approximately 2 years in advance. The latter part of that two year period is particularly strong. Elizabeth, you will likely make some life-altering decisions -- marriage, job or career change, or any number of major changes in your character.

Perhaps the most strongly felt change -- internally as well as externally -- is the transition from the first to the second Pinnacle. This change usually takes place in your late 20s or early 30s -- the exact date depends on your Life Path number and is provided below. You begin to feel the impact of this coming change approximately two years prior. This is usually a difficult transition, but once crossed usually provides a clear sense of direction in one's life. It also gives you a much firmer sense of your identity. It is a gateway to maturity.

Your First Pinnacle (from birth until age 30) is 3

This is a highly creative period. Elizabeth, your self-expression is greatly enhanced. Your creative and artistic talents will peak. You should do everything possible to refine these abilities and make the most of them. Many under the 3 Pinnacle are drawn to writing, the theater, singing, and dance. Your chances of success are also heightened. Hard work in any artistic field that one has a talent for can result in much reward.

This is also a highly social and emotional time. You attract friends and admirers with your charm and gregarious nature.

You have the ability to inspire and motivate people. Your upbeat energy causes people

to want to work with and for you.

This is a lucky period, as well. You can overcome problems with considerably less effort than in the past.

All of this can lead to self-indulgence and lack of productivity. Life is a little easier, which can make you less vigilant. You need focus and discipline. Under the influence of this Pinnacle, hard work is the key and the challenge to making the most of your opportunities.

Be careful of impulsive behavior or doing things on a lark. You must know your limits during this period. Be careful of your money; balance your accounts. Guard against disorderly thinking and behavior. Otherwise, you may do things you regret or simply squander away so many opportunities.

Children born under this Pinnacle must be disciplined and kept from being spoiled. An early education in the arts will inspire the child to make the most of his or her artistic talents.

Your Second Pinnacle (from age 31 until age 39) is 4

This is a Pinnacle of hard work and many rewards. Elizabeth, you have the opportunity to build a foundation that will last. Your abilities as an organizer, manager, or simply the rock of any institution are greatly increased. You are dependable and reliable. Your ability to fulfill responsibilities is likewise enhanced.

As a result of your industry and perseverance, success is well within your reach. It is a step-by-step process in which you build something by small bricks laid one after another.

You will find yourself caring for others in a very material way. Family and in-laws can be burdensome, since you are seen as the cornerstone of the foundation.

Your life is preoccupied with details and responsibilities that must be taken care of. You have set in motion projects that are your children, demanding your constant attention. While there are many rewards, there are also many frustrations. Elizabeth, your sense of your own limits and the consuming nature of details may at times seem overwhelming.

You must remember that things that last require slow growth. You may mistakenly believe that your progress should be faster, or happen with greater ease.

The need for efficiency, orderliness, and methodical systems limit your creativity.

Your challenge is to be flexible and adaptable. Learn to play more and allow yourself to be more spontaneous.

Children born under this Pinnacle will tend to be serious and affected by the financial limitations of their parents. The child may feel the need to leave home early and start a family of his own. He or she must be encouraged to be more farsighted and flexible. The child should avoid jumping into the harsh realities of life too soon.

Your Third Pinnacle (from age 40 until age 48) is 7

This is a period of inner development and soul searching. Elizabeth, you will deal with the deeply important questions of personal existence and the meaning of life. You will need time to be alone to contemplate your inner world. This is a time of spiritual growth. You will experience a heightened sense of faith. The power of the universe will be the force that carries you along.

You have an enhanced appreciation of poetry and nature. Walks in nature provide great therapeutic value and spiritual nourishment.

This is a time of specialization. You will pursue some course of development with fervor and focus. Your ability to concentrate will be greatly increased. Elizabeth, your desire to study in all forms -- reading, self reflection, and contemplation -- will reach an all-time high. Your intuition is much more sensitive, making your path a little easier and more direct, since you know intuitively the appropriate next step.

Under this Pinnacle, you will become an expert in one particular field. Your capacity to penetrate the depths of a subject area is enormous. You will look below the surface in virtually everything you encounter. It is very possible that you will find yourself in a teaching role.

You must consciously work on your closer relationships, especially with your spouse and children. You must explain that your desire to turn inward is not an escape or an avoidance of those you love, but a deep need for knowledge.

During this 7 Pinnacle, spiritual growth, increased knowledge, and wisdom are the big rewards. The 7 Pinnacle provides the basis for contentment in older age, because you now begin to understand life more deeply.

Elizabeth, your challenge is to avoid becoming critical or cynical of others. You can become so withdrawn from society that you look down on others. You may forget that you, too, are part of the imperfect human race. Sarcasm is the lowest form of communication, and a trap you could fall victim to.

Your desire to attain some high degree of perfection is sincere. But that pursuit can make you miserable if you lose perspective and fail to realize the relativity of human existence. Perfection is a Utopian goal, but an unrealistic ambition. It can cause you to be dissatisfied with yourself and others.

The 7 provides the possibility of true refinement, insight, and a high degree of wisdom. This deep understanding is the basis for self-love and true happiness.

Your Fourth Pinnacle (from age 49) is 5

This is a period that will teach the realities of freedom and expansion. Elizabeth, you will travel great distances, meet many new and interesting people, experience many adventures, and essentially come to know the world. You are in a period of accelerated experimentation and learning. Experience is your teacher.

Your ability with words is greatly increased. You can write and speak with ease. You are also able to successfully promote yourself. In fact, this is the source of much adventure; new opportunities for work, travel, and exotic experiences present themselves with regularity.

Your challenge is to prevent yourself from becoming a rolling stone. You need to ground yourself in a particular discipline, career, or relationship. This will not limit your freedoms so much as give you a base for operation. Otherwise, you may find yourself skipping from one meaningless job to the next, one superficial relationship after another. You can also fall victim to the abuse of food, alcohol, sex, or drugs.

Elizabeth, you may fear being anchored or tied down, which can cause you to skim the surface of a pursuit you enjoy, or important relationships.

You must come to know the true meaning of freedom, which is unconditional love. You give your love and energy without the condition of holding on to a place, a person, or an occupation; and you expect the same in return -- to be loved for what you are, rather than someone who belongs to another. There is a highly spiritual path offering itself that requires detachment without loss of love.

Many turn away from this and instead choose to maintain a superficial relationship with the world, or with other people.

You must cultivate your talents, especially your verbal and writing abilities. You are likely a gifted salesperson, or promoter.

You must accept limitations as a necessary base for your freedom. Freedom cannot exist without limitations, otherwise you would be without identity, and without existence.

CYCLES

Like most stories, there are three great divisions of our lives: the First, or opening period, finds us groping to find our true nature; at the same time, we are trying to cope with the powerful forces that are present in our environment, our parents and the socio-economic conditions of our family, for example. The Second Cycle, or middle period of our lives, brings about the slow emergence of our individual and creative talents. The initial part of this cycle -- the early and mid 30s -- represents a struggle to find our place in the world, while the late 30s, 40s, and early 50s, sees us with a greater degree of self-mastery and influence over the environment. The Third, or final Cycle, can represent a flowering of our inner being, such that our true nature has finally come to fruition. It is during this period that one has the greatest degree of self-expression and power.

Your First Cycle (from birth until age 30) is 2

This is a period of slow and patient development. Elizabeth, you are acutely sensitive to your surroundings and highly intuitive. You possess a gift as a peacemaker and have tremendous power through gentle persuasion. Cultivate the talents of tact and diplomacy. Cooperate with others. Musical and other artistic talents come to fruition. Partnerships are important, requiring understanding and compromise. You need patience and flexibility, but you are under a gentle and benevolent influence in which others are happy to support you. Seek out beauty and harmonious environments, spend time in nature, and enjoy the peace of close companionship. This is a period of slow but steady progress.

Your Second Cycle (from age 31 until age 57) is 1

This is a period of much intensity. It requires fortitude, courage, and flexibility. Elizabeth, you will be forced to use every one of your talents in order to achieve your own personal individuality and independence. This is a period of integration and a focusing on your life's dream. Your grip on your direction will be tested, but somehow the resources are available to overcome any obstacle and emerge from this time all the stronger. It is a time requiring independence, resilience, and strength, but these characteristics become integral part of your personality. This cycle marks a time of progress.

Your Third and last Cycle (from age 58) is 3

A time of heightened self expression and much social support. Any ability you possess in the arts, especially in writing, acting, or dance, will be brought to new heights and meet with much reward. Elizabeth, you are socially active as never before. You will appear to others as charming, attractive, and even charismatic. Be careful not to waste your energies on too many superficial projects or relationships, however. The time requires

discipline and focus in order to make the most of the great upward energy that is filling your life.

TRANSITS

The Transits are the individual letters of your name that combine to form the Essence, which is the number that reveals a great deal about your year ahead. Your name can be seen as a piece of music that vibrates in time. Each note, or letter, has a specific duration and influence over the course of your life. Elizabeth, your life, therefore, can be seen as a musical score, with the individual letters making specific contributions at given points, just as notes in a musical piece are played at specific points to give a piece of music its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

THE PHYSICAL TRANSIT

Your Physical Transit for age 42 is H

Elizabeth, your mind will be very active during this year. Your thoughts are surprisingly unconventional. You come up with original, even inventive ideas. This is an ambitious time and self-promotion will pay off. Advancement and success are possible. You have self-discipline and a clear understanding of what you want. Emotionally you are a little vulnerable and in need of love and attention.

Your Physical Transit for age 43 is E

Elizabeth, you will feel inspired and helpful. There can be change in career, travel, and possibly another residence. You are attracted to new and adventurous experiences, including love affairs. There can also be marriage. Although this is a good letter for finances there may be a lack of focus and a more frivolous attitude, which will adversely affect your chances of real material progress. You feel attracted to new religions and philosophical ideas.

Your Physical Transit for age 44 is E

(The Physical Transit for age 44 is the same as that for age 43, as described above.)

THE MENTAL TRANSIT

Your Mental Transit for age 42 is E

Elizabeth, you will feel inspired and helpful. There can be change in career, travel, and possibly another residence. You are attracted to new and adventurous experiences, including love affairs. There can also be marriage. Although this is a good letter for finances there may be a lack of focus and a more frivolous attitude, which will adversely affect your chances of real material progress. You feel attracted to new religions and

philosophical ideas.

Your Mental Transit for age 43 is S

Elizabeth, your feelings run deep and your awareness is higher than usual. It is a period of rebirth and awakening, especially of hidden aspects of your personality. Freedom in a very real and lasting sense can be your reward. You will experience sudden changes in all aspects of your life, accompanied with spiritual and mystical revelations. Your dreams may be rather intense and should be looked into for messages and understanding of your unconsciousness. There will be confrontations with strong-willed people to test the strength of your convictions. This is an exciting time full of surprises and extraordinary events.

Your Mental Transit for age 44 is A

Elizabeth, you have a mental approach to practical matters. This is a period of change, activity, progress, and creativity. The letter A adds independence and leadership to your personality. There can be quite a bit of travel and possibly a change of residence.

You can expect promotion and opportunities. There may also be a real breakthrough in your awareness and perspective of life.

THE SPIRITUAL TRANSIT

Your Spiritual Transit for age 42 is I

This is a very emotional time with many ups and down's. Elizabeth, you are high-strung and vulnerable to stress. You are somewhat accident prone. You need to develop calmness, centeredness, and an acceptance of life. You must control your moods and not slip into feelings of self-pity and insecurity. At the same time you are very competitive and have the opportunity to achieve success and financial reward.

Your Spiritual Transit for age 43 is I

(The Spritual Transit for age 43 is the same as that for age 42, as described above.)

Your Spiritual Transit for age 44 is I

(The Spritual Transit for age 44 is the same as that for age 42, as described above.)

ESSENCE

The Essence Number and the Personal Year Number are the two essential indicators of the forces that will influence your life during the course of any year. While the Personal Year runs from January to January, the Essence is most strongly felt from birthday to birthday. For example, if your essence number is 8 for the year 1988, you would begin to feel the influence of that 8 most powerfully after your 1988 birthday. The influence would begin to wane during 1989 and would finally end at your birthday of 1989.

The Essence number indicates the lessons you will be dealing with during that year. It

says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year, that is, which types of behavior will be supported by your milieu, and which ones will be less effective.

Your Essence at the age of 42 is 22/4

This is a period of enormous demands and, consequently, the chance to achieve greatness. Elizabeth, you will find yourself at the center of some larger movement or social cause. Power has come to you, but you will need every ounce of strength to accomplish the task that lies before you.

You now serve some greater social good. Selfishness, pettiness, and timidity will cause you much trouble. They are antagonistic to everything that you have set your sights on.

Now is a time to build some great and lasting edifice. That edifice may be physical -- a building or a business, for example -- or it may be social -- advancing a truly worthy social cause. Whatever it is, it has come to you from a higher plane, or what might be termed the archetypal world.

You will see this truth everywhere you look. Practically speaking, people's well-being -- their livelihoods or general attitudes -- rests in a large measure with what you do. People naturally look to you for leadership and inspiration. Elizabeth, your vision is truly wide and distant in scope. Your actions have dramatic effects. Therefore, you are more cautious and responsible with what you do.

This can be a sensitive period. You are being asked to live according to higher ideals. Your values must be above reproach. Avoid disagreements; be magnanimous and patient with others. Take the slower, sure path toward problem solving. Get sufficient rest and take care of your own personal needs. Be balanced in your activities. Avoid excessive work.

Pay attention to detail without losing your vision of your longer term priorities. You are now building a foundation for something that will serve a greater social good. Think big and take practical steps to ensure that your dreams become reality.

Your Essence at the age of 43 is 15/6

This is a time of responsibility, duty, family matters, and high ideals. Elizabeth, you will be called upon to support others and maintain a high life condition while you do it. Others look to you as an inspiration and a source of guidance. There is an element of self-sacrifice present in that you must serve those closest to you. Unselfishness and a willingness to be of help to others are the keys to your success.

You will likely experience advancement in business, career, and financial matters. Progress comes more easily during this period, as new opportunities open up to you. At the same time, your achievements bring added responsibility and new demands. You will have to devote yourself entirely to the task at hand to realize your goals.

This can be an emotional period, as family members may be demanding. The whole issue of love comes to the forefront. Your ability to love and be loved will become starkly clear. This is an essence during which many marriages and divorces take place. People discover how much they truly love their partner, or how little love they have in their lives.

Protect your family relationships. Work to maintain harmony in your home. Especially stay focused on the needs of children.

There can be a domineering figure in your life who can oppress you during this time.

The key is to be balanced and centered when dealing with all authority figures. Refuse to act rashly or emotionally. Remain focused and in harmony with your long-term goals.

If you keep a strong hold on your ideals, you will gain many supporters and admirers. This brings many great rewards and much appreciation. New and lasting friends come into your life now, and many seek to advance you along the lines of your abilities.

There is a strong artistic urge present. Those with artistic talent, or already working in the arts, will find their abilities greatly enhanced, with many new and rewarding chances for advancement.

Most people under the 6 Essence will improve their lives and experience growth in their career goals.

Your Essence at the age of 44 is 15/6

(The Essence for age 44 is the same as that for age 43, as described above.)

PERSONAL YEARS

Your Personal Year number is a strong indication of the trends and circumstances you will experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and therefore run concurrent with the calendar year. Transit and Essence cycles are based on the letters of your name and run from birth date to birth date.

There are nine personal year numbers, which makes up a complete Epicycle. Each Epicycle reveals the progression or evolution of a specific part of your growth. Elizabeth, your progress along this Epicycle can be seen very logically, from the infancy or beginning of a growth period in your life, to the conclusion or culmination of that process. The 1 personal year indicates your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle. Below is a description of your current Personal Year. It indicates where you are on the 9 year Epicycle.

The Personal Years form the building steps that mark your progress through life.

Your Personal Year for 2016 is 3

This is a year of expansion and personal growth, Elizabeth. It is a time of heightened personal expression. Creativity and artistic talent come to the forefront. You are lighthearted and drawn to all kinds of social events.

More than most other years, you will entertain and be entertained. You meet new and exciting people. It is a time to appreciate all that you have.

You are highly dynamic and charismatic. Your challenge is to avoid scattering your energies. You have a rare opportunity to bring forth new and creative ideas. But that requires discipline and focus.

It is easy to be optimistic and enthusiastic this year and this may result in speeding up your projects. Yet there will be delays and disappointments unless your enthusiasm is based upon the reality of work and concentration.

This is a pleasant time in which friendship is enjoyed and love shared easily.

This is often a good financial year, particularly if your creativity is well directed. Surround yourself with upbeat and positive people.

Elizabeth, you may travel more than usual, which in all likelihood will be filled with exciting people and pleasure.

Control this year's tendencies towards glamour and extravagance, yet allow yourself more room to enjoy and celebrate.

You communicate well this year and are more capable of getting your ideas across.

Love is in the air.

February brings changes; June sees the completion of a project and July signals a new beginning. August can be emotional, as can November.

Your Personal Year for 2017 is 4

This is a year to be organized and practical. Take care of details. Commit yourself entirely to your goals.

Elizabeth, your concentration and ability to focus will be much improved over last year. You will have an attitude of realism and determination.

There can be a sense of limitation and some frustration this year. However, it is a year of important opportunities that must be seized. There can be considerable work-related travel.

You must be flexible this year to make full use of the opportunities that present themselves. It will require a combination of perseverance, hard work, and versatility.

You will receive recognition for your efforts and support from your friends and family.

It is a good year to buy real estate or remodel your home. It is also a good time to take care of projects which have been postponed for too long.

Fulfill your obligations and do not be afraid to spend some of that hard earned money. Selling and trading during this year usually is quite successful.

This is the year to work on your foundation and prepare yourself for the many changes that will undoubtedly come next year.

As a result of your hard work, there will be much satisfaction and a feeling of accomplishment.

January and February will bring some important change, a new opportunity perhaps. March requires self-reflection and reshaping of your plans. It is a good time to meditate on what lies ahead. June brings a new and important step -- a breakthrough, perhaps -- in your work. October brings changes and a sense of chaos. Elizabeth, you may feel threatened by the changes that are on the horizon. But November brings assistance in the form of a promotion or additional financial support.

Your Personal Year for 2018 is 5

This is a year of dynamic change, Elizabeth. Many surprises will come your way. Be open and ready to embrace new opportunities.

Do not be overly careful this year. This is a year in which a major step forward can take place if you are willing to take some calculated risks and do a little gambling. Wisdom and prudence is the key, but you will definitely be faced with choices that require fast action and a willingness to act before all the facts are in.

This is an exciting year in which you will be required to promote yourself in order to take full advantage of the opportunities that await you.

There will be increased opportunity to travel and possibly a change of residence.

You may be tempted by the desires of the flesh: too much food, alcohol, sex, and drugs.

Be careful and discriminate. You could make mistakes in these areas.

You will have some unexpected adventures and lucky breaks this year.

This can be an unsettling year if you try to cling to outmoded methods or characteristics. This a year to throw off the old and adopt the new. It is a rebirth and a release after last year's struggle.

This is a year in which change takes place consistently, and particularly so in April and May. July is a breakthrough, a time to enjoy life. September can be intense, while October requires tact and balance in relationships.

PERSONAL MONTHS

Your Personal Month for July 2016 is 1

Elizabeth, July is a 1 Personal Month in a 3 Personal Year. It is a time of dynamism, courage, and eagerness to begin the new. Last month's blues are gone and you feel you are on top of the world. You are more original and creative than at any time of this already creative year.

Many of those in a 3 Personal Rhythm Cycle may finally break out of unrewarding patterns. Some may even make career changes, or start their own businesses. This is not a time to be squeamish in any area of your life -- be it money, career or romance. You may experience an urge to write, paint, or express yourself in some other creative way. By all means, take on the challenge.

If you are not already involved, you may well meet someone special, but the relationship, while intense and passionate, may not be a lasting one.

This is a month that will also bring opportunities to mingle with new acquaintances at social events. You will be outgoing and witty. These are great opportunities to make lasting contacts which will help your career and other endeavors.

A warning to the easily excitable: don't brag about your plans and accomplishments. The effect may backfire.

Your Personal Month for August 2016 is 2

Elizabeth, August is a 2 Personal Month in a 3 Personal Year. It requires a sensitive and cooperative attitude at work and in all other areas. You are upbeat and optimistic during the early part of this month but an anticipated reward or recognition may go to someone else, much to your dismay.

Your challenge is to set the record straight by using your diplomatic skills. Do not allow anger to alienate you from those involved. Otherwise, relationships go favorably this month.

You are in a position to smooth out some long-standing disagreements between people close to you. Often, these disagreements do not involve you directly. You have the opportunity to serve as a peacemaker.

Romance is also strongly represented and highly favorable. Elizabeth, your feelings are strong and your ability to communicate these feelings is enhanced. A good month to spend some extra time with your lover.

Your Personal Month for September 2016 is 3

Elizabeth, September is a 3 Personal Month in a 3 Personal Year for you and your creativity is at an all-time high. You find solutions and discover new ways to improve old methods.

You are communicative and express yourself well. You have a strong urge to write to old friends you haven't seen in some time. This need to re-establish relationships with people may even surprise you.

At work, you discover that it is easy to reach others and influence the way they feel about themselves and their work.

You uplift them and are rewarded with gratitude and support.

This is a time to be social, easy-going, and optimistic.

Your Personal Month for October 2016 is 4

Elizabeth, October is a 4 Personal Month in a 3 Personal Year. It requires you to be practical and disciplined in all matters. It brings opportunity as well as limitations.

Career is a high priority and you will find yourself putting in overtime. Details will need to be taken care of. There is very little room for slacking, and everyone may be making demands of you. You may feel frustrated and need to blow off steam.

On the other hand, there is also much opportunity implicit in these demands and you will be pleasantly surprised with the rewards that come your way late in the month. You'll have to respond quickly. You may feel that you are not ready to take on the new challenge that comes with this opportunity, but if you overcome this temporary lack of confidence you will be well rewarded.

This month is demanding in domestic affairs, as well.

There is an ongoing need to watch finances carefully, make decisions concerning your budget, and plan for the future. If you have not been keeping a close eye on your checkbook, Elizabeth, this month will force you to balance your account and make up for haphazard expenditures of the past.

There's not a whole lot of time for romance this month, but when you can find the time, your partner's love brings perspective and rejuvenation.

Your Personal Month for November 2016 is 5

November is your second 5 Personal Month in a 3 Personal Year, and as before it brings change, excitement, and possibly a financial boost. The 5 brings movement -- travel, a change of residence or office, perhaps.

You will receive a letter or phone call from someone close to you whom you haven't heard from in some time.

This month should be light and playful. Try not to take things too seriously. The down-side of this combination (5 and 3) is in the area of relationships. You may have a tendency to misread others, to be a little insensitive and short on tact. Avoid confrontations in personal matters as well as those related to work. As long as you are upbeat and supportive, friendship and social events are favorable.

As was the case with February of this year, November may also find you in the mood to indulge yourself. Moderation may be hard to maintain, but it's still the best advice.

Your Personal Month for December 2016 is 6

Elizabeth, December is a 6 Personal Month in a 3 Personal Year. The month stabilizes your work-environment, but requires that you work on your relationships and family affairs. You will be in the unique position to counsel and support someone in your circle of friends and family with immediate and positive result.

It will be one of the most rewarding experiences of this year for you.

A promotion or a raise are possible, as is an increase in your workload.

This month is good for business and financial affairs, particularly for long-term planning and investment. If you are involved in legal affairs, the time is right to surge ahead.

Romance is also favorable. Commitments bring stability. For those who have become involved in a relationship during the course of this year, this is a good month to exchange vows.

This should be a wonderful time for most of those who are in the last stage of this 3 Personal Year. The holidays bring family and friends together, for much love and the rewards of the season.

Your Personal Month for January 2017 is 5

Elizabeth, January is a 5 Personal Month in a 4 Personal Year. You experience some self-doubt related to your work situation. You may question your direction. This frustration will be in the background for most of the year, but this month particularly feels a little bit out of control. However, hidden forces are guiding you carefully and your best approach is to persevere.

Later this month, or early next month, an opportunity will come your way that represents a step forward in your career.

This month also brings some unexpected changes in other areas of your life; possibly an unexpected trip. Be cautious in all financial affairs.

Elizabeth, your family members demand a lot of attention and much practical guidance is required from you. They look to you for direction.

Social events are favorable, particularly when they are work-related. You will make a very positive impression on someone who can help you move forward.

If married or involved, maintain harmony and avoid rocking the boat.

Your Personal Month for February 2017 is 6

Elizabeth, February is a 6 Personal Month in a 4 Personal Year. It brings an increase in responsibility and workload. You receive recognition for your efforts and abilities, and probably a financial increase, as well.

Perhaps even more important is the role friends and family play during the period. Loyalty and a willingness to sacrifice time and energy to your loved ones are needed.

You, in turn, receive comfort and satisfaction from their obvious love for you. It is a time of love, warmth, and a strengthening of the bonds that form the foundation of your life. It is also a good time to start domestic projects, such as minor remodeling and home repair.

If you are not married and are not involved in a relationship, you may meet someone who catches your interest. In this case, the relationship will develop slowly but will endure. Elizabeth, your focus should be on being dependable and active.

There is no room for procrastination. Your health improves during this time.

Your Personal Month for March 2017 is 7

Elizabeth, March is a 7 Personal Month in a 4 Personal Year and should bring some significant changes in your outlook. Indeed, the month is filled with the mystery of life.

You are aware that you are developing spiritually. This is not a good time to deny important issues in your life, or be superficial about significant matters. Your dreams are vivid and if you take some time immediately after awakening to contemplate their meaning, you have the potential to gain some insights that uplifts you and raises your confidence in your life's direction.

You are mentally sharp and creative. You solve problems and gain insight into things that have floated in the background of your consciousness for some time.

It is a period of hard work -- possibly overtime -- juxtaposed with much soul-searching and the need for quiet contemplation.

You may be offered an opportunity to become involved in a new endeavor. Be careful with anything that promises a fast return. This year, long-term projects are far more favorable than get-rich-quick-schemes, or short-term gambles.

Your need for peace and quiet during this month may make your friends and family members wonder whether you have some problem that you are not willing to share.

Your Personal Month for April 2017 is 8

Elizabeth, April is an 8 Personal Month in a 4 Personal Year. It promises to be rewarding financially as well as in other areas of life. There is a catch: It is essential to take care of details, to be reliable, and to keep things organized. If you allow yourself to get sloppy in any of these areas, the results could be disastrous. Still, the combination of numbers

(8 and 4) gives you ample support in all efforts at organization and management.

Respect, recognition, financial reward come to those who are careful. Financial problems and struggle (some may even experience bankruptcy) come to those who are careless. The more you stay clear and focused, the higher the rewards will be.

Relationships that are not related to work are not a high priority this month. Elizabeth, your attention should be given towards career and finances, as well as to people who play important roles in those areas of your life. The advice for this month is to get up early, put your nose to the grindstone, be organized, and don't hesitate to move yourself to the foreground in your work-environment. If you are due for a raise, ask for it. If a business associate is not fulfilling his/her duties, confront that person. If a payment is due, call it in.

Your Personal Month for May 2017 is 9

Elizabeth, May is a 9 Personal Month in a 4 Personal Year and may introduce some emotional turmoil due to a relationship gone awry.

A friend or co-worker has let you down. Your trust has been damaged and you realize that this is not just a temporary disappointment but the conclusion of the relationship. While you have reason to be angry, you should avoid self-righteousness.

You may want to remember that you are not without fault. This allows the anger and disappointment to turn into understanding and forgiveness, even if the situation can not be saved.

As a way of healing this type of wound, life may offer you the opportunity to become

involved in a good cause. Sacrificing some of your time and energy will prove very rewarding and will deliver some benefits that are not immediately obvious.

This month, your health requires some special attention, particularly your digestive tract. Watch what you eat. Avoid excesses.

It is possible that your career is heading for a change of direction, which may be of some concern for you. Look to next month for some insight into that aspect of your life.

Your Personal Month for June 2017 is 1

Elizabeth, June is a 1 Personal Month in a 4 Personal Year. It gives you a new start in some area of your life, perhaps career, or a some new project or endeavor.

This is a month of promise and opportunity. Your energy-level increases, as does your excitement for your new direction.

This period requires courage and flexibility. You should also be more verbal: Express your thoughts and feelings; inspire and motivate others to follow your lead.

You may have a difficult time relaxing or enjoying yourself outside working hours. But it's important that you do just that.

An attraction to someone at work may signal danger to you. Even if you are committed, this attraction will prove quite powerful. Be careful. It may damage your future in many ways, not least of which is your career. Consider postponing any action in this area.

Your Personal Month for July 2017 is 2

Elizabeth, July is a 2 Personal Month in a 4 Personal Year. At this time, your relationship with the people in your work or business environment is extremely important. You will need to be sensitive to their needs and desires and you will probably be called upon to play the role of mediator in a conflict between some of these people. Your success in that role will directly affect your future.

You may be disturbed by these new challenges because they emerge at a time when your workload is considerable. However, you are more sensitive and better able to discern the true basis of the conflict this month.

Elizabeth, your enhanced sensitivity also helps you in other areas of your life. Romance is strongly represented but should be kept out of the work environment, which may not be an easy thing to do.

You may have the opportunity to go to a concert or some other musical event and because of your enhanced sensitivity, such events will prove very therapeutic.

Pamper yourself in healthful ways, such as massage, a new exercise and dietary regime, or some time near the ocean, in the mountains, in the forest.

Your Personal Month for August 2017 is 3

Elizabeth, August is a 3 Personal Month in a 4 Personal Year and is a good time for some relaxation. You will find your workload a little less demanding and may want to take some time off.

You are upbeat and optimistic and able to inspire and uplift others. Do not take matters so seriously this month. It's a time of enhanced creativity and practical application.

You are original in your approach to problem-solving. You receive inspiring ideas and are able to turn some of them into reality. You impress others with your deep

understanding of the issues.

This month also brings spiritual realizations and insights.

You are more aware of the underlying forces that are at play in your life and in the world around you.

The challenge of this month is in overcoming a fear. Elizabeth, you may find yourself confronting some injustice. It may be necessary to meet that injustice alone. Stand up for yourself!

Be wise, but do not seek to avoid the issues.

Your Personal Month for September 2017 is 4

Elizabeth, September is a 4 Personal Month in a 4 Personal Year. Six months or a year from now, you will look back at this month and realize that in some way it represented a turning point on your path to success.

However, you may feel frustrated during this month and wonder why everything is moving so slow. In a way, it seems that life has you in a straight-jacket, but in fact you are being protected from yourself. The emphasis is on the irritating and seemingly unnecessarily details. You are forced to deal with things you consider a waste of time. These loose ends can no longer be ignored, but you feel frustrated by the limitations of time and the massive amount of work.

The situation is, in fact, two-sided: One side is effort, the other reward. You are being prepared to take full advantage of a string of opportunities that will begin next month, and will continue all next year. The challenge for you is to keep up. For that reason, you must finish the work in front of you now, to make room for the opportunities to come.

Meanwhile, guard your health, especially against the effects of stress and frustration. Elizabeth, you would do well to eat healthy foods and in a regular and orderly fashion. Go to bed early; read to widen your view and escape. Do not dwell on the negative. Leave affairs of the heart to themselves for a while, until this intense period passes.

Late this month, you will start to see the light at the end of the tunnel, but looking back you will be grateful and relieved that you took on this process of re-organizing the basics in both, your work and your personal life.

Your Personal Month for October 2017 is 5

Elizabeth, October is a 5 Personal Month in a 4 Personal Year. It brings opportunity and change. You may be asked to go on a trip related to work or business. This trip is unexpected but will bring very positive results. Another possibility is that you are offered a transfer and promotion. Either way, there will be changes in your environment.

Now is the time to take some chances, to promote your self unabashed, and to reach out to other possible sources of income. If you are in sales or business, this is one of the most promising times of your life. If your work is more service-oriented, you may receive a long-awaited promotion.

Friends and family members are supportive. Romance is exciting. This is a dynamic month in all respects and will wipe away the frustrations of last month. However, a warning is in place: You may have a tendency to make impulsive decisions, to be a little irresponsible, and to put your foot in your mouth. This hectic and dynamic month brings with it some chaos, and restraint is needed in order to maintain some control over the events.

Your Personal Month for November 2017 is 6

Elizabeth, November is a 6 Personal Month in a 4 Personal Year. It offers the chance to strengthen your foundation in life. You pay close attention to the needs of your family and circle of friends. You are serious and responsible in all matters related to career and receive recognition and respect for that.

Financially, this could be a good month with an unexpected reward coming sometime during the last week. In many ways, this month brings blessings and can be very satisfying.

Your workload is considerable but doesn't burden you as much as it did during other times of this year. You have the energy and feel confident that you are now moving in the right direction. Feelings of insecurity and frustration that loomed so prominently during most of this year are disappearing. Elizabeth, your friends and family members display strong signs of loyalty and feelings are expressed more freely. One or more of your friends or relatives needs a boost and comes to you for help. You are happy with the opportunity to help out in a practical way as well as with moral support. You play the role of (m)patriarch.

The only troubling experience during this month will be the need to deal diplomatically and tactfully with a long-standing problem, perhaps with someone at work. A basic personality conflict has been the cause of friction between you and a co-worker, and this can no longer be ignored. Tension will come to a head but there is an opportunity to turn a difficult relationship into one of tolerance and mutual respect.

Your Personal Month for December 2017 is 7

Elizabeth, December is a 7 Personal Month in a 4 Personal Year. It's a fitting end for this year. You now enter a period of introspection, contemplation, and meditation, similar to that experience in March. December focuses you on inner-growth and soul-searching. However, that is where the similarities end.

December is a much more comfortable time for such an inward-journey and expansion of your consciousness. There will be plenty of opportunity to withdraw, to seek the quiet. Whether you enjoy this time depends on whether you value such an experience.

This has been a year of hard work and, at times, frustration, but the work will pay off. You are now more aware of that, and even that the year was well-spent.

Understanding the value of day-dreaming and contemplation is more difficult as a result of this society's emphasize on action and result. However, the quiet, "un-productive" times of this month will be at least as rewarding, spiritually as well as practically. It allows for deep inner-contentment and a fuller awareness of the love and goodwill of others.

Only the 4 Personal Year closes with such a beautiful and fitting counter-balance to a difficult and busy year.

Your Personal Month for January 2018 is 6

Elizabeth, January is a 6 Personal Month in a 5 Personal Year. All during this month the focus is on your attitude towards friends, co-workers, and family members. You are in a position to improve relationships in all areas. You are warm-hearted and more outgoing

than usual. Others are attracted to your optimistic disposition and several people close to you will come to you for advice and comfort.

The month may bring a turbulent new relationship into your life. The initial introduction may start off a little awkward, even cause some friction. You will need to be tolerant and understanding. Even if you feel sure that your point of view is correct, a hardheaded, stubborn approach is not beneficial.

On the contrary, the true purpose of this conflict is an opportunity for you to reach out and earn the appreciation and respect of this person by freely demonstrating your own.

Other, more practical changes are also in the picture. Many will make changes in their office, residence, or work routine.

Elizabeth, you may get some strong signals that your career may receive a boost in the very near future, which only buoys your optimism.

If you are single, this is an excellent month to be social and meet new people.

Your Personal Month for February 2018 is 7

Elizabeth, February is a 7 Personal Month in a 5 Personal Year and finds you more inwardly focused. Self-reflection and contemplation bring spiritual clarity and growth. At the same time, your career improves and you manage to impress important people. Doors that have been closed open and offer access to opportunities. Financially, this month may also show some progress but the emphasize is more on opportunities and your ability to take advantage of them.

Warnings are justified in two areas. Your dynamism and excitement may cause you to be somewhat insensitive at times. Also, you would rather plan and discuss future endeavors than to put forth the effort required to take full advantage of current opportunities.

Key-words to make this month a success are caution and discipline.

If you are married or otherwise committed, you may feel a little distant from your partner. This is temporary and does not require any special attention. If you are single, romance is not a high priority.

Minor health problems that have not been treated may come to the foreground. This is a good month to apply discipline to your eating habits and to step-up your exercise regimen.

Your Personal Month for March 2018 is 8

Elizabeth, March is an 8 Personal Month in a 5 Personal Year. It is a time to be careful in all financial matters. Issues involving money take center stage. More people go bankrupt or make a killing during this period than with almost any other number combination. Now, especially, you are required to balance the material and the spiritual. If you are considering a major purchase that involves long-range financing -- such as buying a house or a car -- but you question whether you can fulfill the obligation, you would do well to wait until the second half of May before acting.

The worlds of work and personal relationships require opposite approaches this month. A certain amount of aggression in career and business matters is favorable. Promote your ideas.

Put out effort. Work harder and longer than is required. On the other hand, your personal life requires patience and understanding -- both of others and yourself. You may want to clear the air between you and a loved one, but you have difficulty overcoming your fear of being misunderstood. Or perhaps you are not clear about what you feel. Try putting your thoughts on paper first to achieve a higher degree of clarity.

Your Personal Month for April 2018 is 9

Elizabeth, April is a 9 Personal Month in a 5 Personal Year. It brings a certain amount of completion in both your personal life and career. It is time to let go and prepare for new adventures. It is necessary to keep a close eye on the details, particularly those related to your finances. Check your bank balance regularly and make sure you save the receipts for deposits and other transactions.

There are indications of up-coming changes in your work environment; you are in the unique position to move to the spotlight. Self-promotion is favorable. You are a little more emotional and vulnerable and may have a tendency to make mountains out of molehills, however.

Someone you care about is leaving, being transferred, or going on a long trip.

Social events make this a hectic month and a certain amount of moderation and discipline is needed.

Your Personal Month for May 2018 is 1

Elizabeth, May is a 1 Personal Month in a 5 Personal Year. It brings a sense of freshness or a new beginning in your personal life and career. You are more energetic and decisive than last month; this will help you cope with the hectic pace this month brings. This is a time of opportunity and the need to adapt quickly. You have been selected to play an important role in some new endeavor. This is an opportunity to move your career forward but it requires courage and the willingness to sacrifice some short-term goals.

Financially, this is a dangerous time because of the tendency to splurge.

If you are single, you may well be introduced to someone very interesting and attractive. If married, romance is rekindled. Still, new romantic relationships started under this number combination tend to burn out quickly. The attraction is physical and immediate, but may falter as soon as it is put to the test. Even if you are already committed you may well find yourself eye to eye with someone very attractive, in which case you may have to show considerable restraint in order to avoid a situation you may later regret.

Your Personal Month for June 2018 is 2

Elizabeth, June is a 2 Personal Month in a 5 Personal Year and it enhances your insight into the motivations and emotions of others. You play the role of counselor several times this month. Your intuitive powers are also enhanced, but this does not extend to money matters. It's not a good time to take financial risks.

There are changes taking place in many areas of your life this year, and the general instability is felt strongly this month.

Study and reading are more favorable, especially when related to your career. The focus is on relationships at work and at home. You need to trust others enough to open

up your heart and reveal your deeper feelings. This is a good time to release some bottled-up feelings.

Romance also plays an important role this month, particularly if you are involved in a relationship that originated fairly recent. Elizabeth, your enhanced sensitivity and intuition helps you to see the deeper meanings and values, which make the relationship stronger or....cause a permanent break. A critical issue here, is your ability to express your true feelings. Communicate!

An unexpected invitation to visit a friend or relative in some distant town may inspire you to pack your bags and go. This will turn out to be beneficial.

Your Personal Month for July 2018 is 3

Elizabeth, July is a 3 Personal Month in a 5 Personal Year. Money matters come to the foreground; debts are called in and close attention should be paid to your bank account.

Your ability to influence the ideas and opinions of others works in your favor and may create a new source of income.

This is also a good time to promote yourself. If you have considered upgrading your resume or trying out for that new position you have been considering, now is the time to do it.

A career change is also possible as a result of outside forces. You are more creative.

You feel somewhat restless and impulsive and are willing to take risks for the sole reason that you need a change. There is a tendency to be somewhat scattered and even a little irresponsible during this cycle.

Elizabeth, your domestic environment also becomes a source of restlessness and you may have to guard against irrational behavior from your side. At the same time, you reach out to old friends and relatives you have not been in touch with for some time.

Your emotional state is a little turbulent causing you to be moody. Try to maintain equilibrium. This is a month to be somewhat detached from the events and circumstances surrounding your life. Don't take yourself too serious, and, if possible, take some time off for a vacation. It's a good time to recharge your batteries.

Your Personal Month for August 2018 is 4

Elizabeth, August is a 4 Personal Month in a 5 Personal Year. Your career may be demanding and a bit frustrating. You need to attend to routine matters, some of which may be boring. This is not a time to slack. Don't procrastinate. Commit to your responsibilities and see projects through to completion.

This month could bring a welcome opportunity on the job front, but your success will depend upon your willingness to stand up for yourself, to take charge of circumstances, and refuse to be victimized by outside events. You need the courage to stand up for your beliefs, to "do the right thing."

Make important changes in your life. Such as start a diet and/or exercise regimen, quit smoking, dedicate yourself to a good cause, and reconnect to your higher spiritual values. This is the month to make fundamental and positive long-term changes in your life.

It's important to demonstrate to those around you that you are dependable and can be relied upon. This affects both your work and love life. You will impress all of those around you with your sense of duty and trustworthiness.